NAME:.....

1 LISTEN AND WRITE (T) TRUE OR (F) FALSE.

1. Ali wakes up late every morning.
2. Ali eats a healthy breakfast.
3. Ali plays football with his family.
4. Ali sleeps for six hours at night.

2 CHOOSE THE CORRECT ANSWER FROM A,B,C OR D.

1. (AB) Sleeping early keeps me .....
   A unhealthy B sad C tired D healthy
2. They ..... their bikes in the park. الغربية-زفتي 2026
   A riding B rides C to ride D ride
3. (SB) A/An ..... means someone who has something.
   A character B owner C coach D teacher
4. Children ..... to school early every day. التقييمات الشهرية - الشرقية - أكتوبر 2026
   A goes B go C going D to go
5. This soup is hot; it hurts my ..... . الجيزة - البدرشين 2026
   A tongue B nose C neck D feet
6. (SB) ..... a beautiful day in the school garden! كفر الشيخ-دسوق 2026
   A Where B What C Which D Who

3 READ AND COMPLETE THE TEXT WITH THE WORDS IN THE BOX.

AB

friends - sharp - breakfast - plays - sleeps

Shady eats a good breakfast every morning to have energy. At school, he ..... with his ..... during break time. He ..... for nine hours every night to keep his mind ..... and his body healthy.

4 READ THE TEXT AND ANSWER THE QUESTIONS.

(AB) Omar was walking home when he smelled soup from a restaurant. He didn't go in, but he stood there smiling. The owner said, "If you enjoy the smell, you must pay." Omar laughed and shook his coins. "This is the sound of my payment!" he said. The owner laughed, too.

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★ Choose the right answer from a,b,c or d

1. Omar paid with the sound of .....
   A laughter B coins C his voice D shoes
2. The owner told Omar he must .....
   A work B eat C pay D leave

★ Answer the following questions.

3. Do you think Omar is clever? Why / Why not?
   .....
4. How did the owner feel at the end?
   .....
5. Summarize the text in one sentence.
   .....

5 READ AND WRITE THE CORRECT FORM OF THE WORD(S) IN THE BRACKETS.

1. Tourists often ..... [rides] camels near Giza. الشرقية – الصالحية – 2026
2. SB Some children ..... [plays] sports after school.
3. SB The nurse ..... [help] sick people. الشرقية – بلبيس – 2026
4. AB We ..... [washes] our hands before eating.

6 PUNCTUATE THE FOLLOWING.

1. SB why did goha sit outside the resturant البحيرة- المحمودية 2026
   .....
2. SB why does Sarah eat healthy food
   .....

7 WRITE A PARAGRAPH OF (4) SENTENCES USING THE GUIDING ELEMENTS.

YOUR HEALTHY HABITS

GUIDING ELEMENTS: FOLLOW - WAKE UP - EXERCISE

AB – 2026 – الصالحية – الشرقية

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امسح الباركود بالموبيل لتثبيت التطبيق وتحميل كل الملازم مجانا وبسرعه

MR

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